



Mothers and Others meet in the hall at Christ Church, Barnet, every **Wednesday at 10.30-12.30**. We are a vibrant baby and toddler group with a bit of a difference. Not only do we have all the usual activities such as messy play, arts and crafts and lots of toys, but we also have something special for the parents and carers too. We offer a half hour of "Golden Time" where we take care of your little one so that you can either participate in an activity, listen to a talk, or just have a cuppa and a chat in peace. We then serve a delicious, healthy lunch just before 12 o' clock before finishing with story time and singing. We are a welcoming and happy group so do come along and join in the fun! As we work on a first come, first served basis, do be prompt as we are often busy.

Group Structure:

10-30-11.20 - Registration followed by free play with coffee, tea and homemade goodies to munch on.

11.20- 11.50 - "Golden Time" for parents and carers - a chance to escape for half an hour! If you are a childminder, we kindly request that you have written permission from your employers stating that they are happy for you to leave the children with our volunteers. Thanks.

11.50 -12.20 Lunch time

12.20-12.30 - Story time and singing - we tell a short story from the Bible using puppets, role play and other fun things and finish by singing a few nursery rhymes.

Term Dates: Every Wednesday from: **September 14th - October 19th**

Every Wednesday from: **November 2nd - December 7th**

For the first six weeks of the term, until October 19th, our Golden Time slot will be used to host "Journeys" a 40 minute session for people to explore the bigger questions in life in a relaxed environment. After half term, our Golden Time activities will include: gardening advice, manicures and a selection of Christmas activities.

Cost: Drop in:

£3.50 per adult, £1.50 per child including lunch

£1.50 adults, £1 per child not including lunch

You may pay for individual sessions or for a block of six weeks.

We will sometimes ask for a small donation towards activities provided during "Golden Time".

Please contact Amy Cahill for more information 07876 335 337 or browse the Church website, under the "What we do" section at <http://www.ccbarnet.org.uk/>

Mothers and Others

Christ Church, Barnet, St Albans Road, EN5 4LA



Autumn Term 2011

Wednesday 10.30am-12.30pm